

SCREEN 1

(the links shown in this PDF will not work. This is only an example of the form you will have access to:

[Log in](#) to store your form.

Truth Telling

Welcome	Welcome, Community Partners!
Protecting your Information	Please complete this form to submit your truth-telling statement to Vermont Truth and Reconciliation Commission.
Your Identities	To Start:
Your Truth	<ul style="list-style-type: none">You may choose to create an account and log in so you may save your work and come back later to complete the form. This way you don't have to complete the form in one sitting.
Truth: Free Answer	Log in Sign Up
Our Contact Information	<ul style="list-style-type: none">After completing a section, click "next." You can return to a section by clicking "previous."To complete your work another time, click "save and exit."Please be aware, you must complete all required questions before submitting the form. Required questions are marked with an *.

[Submit](#) [Delete](#)

[< Previous](#) [Save and Exit](#) [Next >](#)

SCREEN 2:

[Log in](#) to store your form.

Truth Telling

✓ Welcome	The VTRC is committed to upholding the rights of individuals and communities to control how their information is collected, stored, accessed, and shared.
Protecting your Information	The following section asks you questions about your decisions.
Your Identities	Creating this statement can be difficult. If you wish to discuss anything with our team support provider or have any questions about this process, please refer to the Department of Mental Health 988 document.
Your Truth	You have full control of whether you want it to be published or not. Whatever you write will be in the public record located at the Vermont State Archives and Records Administration, or potentially social media and website, but names and information can be redacted. Also, you might choose to have just a summary appear.
Truth: Free Answer	Please choose one of the following options:*
Our Contact Information	<p><input type="radio"/> I agree to VTRC publishing my submission including my name.</p> <p><input type="radio"/> I do not agree to the use of my name or identifying information, however the VTRC can publish my submission anonymously without the use of my name or identifying information. Note: It is important to tell us what information is identifying. It might not be obvious to us what might identify you in your community.</p> <p><input type="radio"/> Do not publish my submission. VTRC will read your submission, and it will inform the work. VTRC agrees not to publish it on the website or any other publication that it generates. Whatever you write will be in the the public record located at the Vermont State Archives and Records Administration. Names and information will be redacted. Note: It is important to tell us what information is identifying. It might not be obvious to us what might identify you in your community.</p>

[Submit](#) [Delete](#)

[< Previous](#) [Save and Exit](#) [Next >](#)

The VTRC is not a judicial body and will not make judgements about whether someone has committed a crime or discrimination. Further, the VTRC cannot protect the speaker from any liability for the accusations they may make. The participant can decide if they would like to withhold the names of anyone that they are accusing of wrongdoing.

SCREEN 3:

[Log in](#) to store your form.

Truth Telling

- ✓ Welcome
- ⚠ Protecting your Information
- Your Identities**
- Your Truth
- Truth: Free Answer
- Our Contact Information

[Submit](#) [Delete](#)

What Identities do you hold? Identities may be Socio-economic, Cultural, Spiritual, Racial, or Ethnic, or relate to Nationality, Gender, Sexual Orientation, or Ability.

The VTRC is mandated to examine discrimination from the groups listed below. Please select all that apply.*

- individuals who identify as Native American or Indigenous
- individuals with a physical, psychiatric, or mental condition or disability and the families of individuals with a physical, psychiatric, or mental condition or disability
- Black individuals and other individuals of color
- individuals with French Canadian, French-Indian
- other mixed ethnic or racial heritage
- I am or was a child under 18 years of age when discrimination occurred

What aspects of your identities are you proud of/ do you wish to protect?

Who is making this submission? (If a parent, the parent's name will not be used.)

- I prefer not to use my name.

Name *

Email *

If under age 18, please provide name of parent or guardian assisting or aware of this submission.

[< Previous](#)

[Save and Exit](#)

[Next >](#)

SCREEN 4:

[Log in](#) to store your form.

Truth Telling

- ✓ Welcome
- ⚠ Protecting your Information
- ⚠ Your Identities
- Your Truth**
- Truth: Free Answer
- Our Contact Information

[Submit](#) [Delete](#)

In order to understand the nature of your truth, the VTRC is requesting the following information to help us identify potential recommendations to give to the state legislature.

What state agencies, offices, or institutions have you interacted by which you have experienced discrimination? If you are not sure here is a list. Check all that apply:

- Department of Children and Families
- Department of Education – schools, school board
- Court system, local and state
- Department of Corrections
- Police (state and local)
- Housing agencies
- Department of Economic Services
- Department of Health
- Department of Mental Health
- Other (room to specify below)
- None apply

What do you feel like you lost as a result of discrimination? Check all that apply. There will be room to explain below.

- Spiritual and Cultural Identity such as: language and communication, cultural and traditional heritage, religion and spiritual practices, identity and self-worth, artistic and creative expression, recognition and honor, joy and quality of life
- Community and Relationships such as: social connections and belonging, childhood and family, visibility and representation. Political and Legal Representation, credibility and trust
- Health and Well-being such as: health and mental health, personal safety and freedom, life reproductive autonomy, dignity and respect
- Land and Resources such as: Land and property, economic opportunities and wealth, access to services and technology, public accommodations
- Mobility and Access such as: educational opportunities, employment and career, transportation and mobility
- Other

[< Previous](#)

[Save and Exit](#)

[Next >](#)

SCREEN 5: this is where you would be able to upload something to share if you choose to. You can tell your story in the box shown AND upload, or you can pick one. Whichever you prefer will be fine.

[Log in](#) to store your form.

Truth Telling

✓ Welcome

⚠ Protecting your Information

⚠ Your Identities

✓ Your Truth

Truth: Free Answer

Our Contact Information

[Submit](#) [Delete](#)

You can also make a submission in whatever form you prefer. For example, it may be written, a video, an audio recording and/or a material object such as an artwork, or photo. Below there is space to type in a truth statement. Write your truth in the way that feels most comfortable. If you prefer to upload a written statement or a photo or video etc., use the upload option at the bottom of this screen.

If you require some guidance, below are a list of questions to ask yourself when telling your truth. These are not required but only serve as guidance.

1. How has the state discriminated against you?
2. Have you felt targeted by state agencies?
3. How did these interactions (if ever) fail to acknowledge, validate, or address cultural or spiritual, ability, or racial/ethnic needs you had? How was trust lost?
4. What state services did you experience that you felt were discriminatory? What resources would have helped? Did your community assist? What was the cost to you, your family or community?
5. In what ways have institutions failed you, your family or community? Have these institutions done things that made it harder for your family or community to support themselves, stay connected to their culture or spiritual beliefs, improve their financial situation, have a voice in politics, or get healthcare, land, or other important resources?
6. Do you have recommendations for the State of Vermont on how you would have liked to have been treated?

Truth-telling statement

-OR-

Place to Upload files

Upload file ✕

[Choose File](#) No file chosen

[+ Add](#)

[< Previous](#) [Save and Exit](#) [Next >](#)

SCREEN 6: Final Screen before submit. It is OK to SAVE and come back to this later if you want before final submit. Just be sure you have your log in information.

[Log in](#) to store your form.

Truth Telling

✓ Welcome

⚠ Protecting your Information

⚠ Your Identities

✓ Your Truth

✓ Truth: Free Answer

Our Contact Information

[Submit](#) [Delete](#)

If you would like to provide a physical truth telling object, such as an original artwork or something that you have made, please contact VTRC for assistance.

Email: vtrc@vermont.gov

Phone: 802-261-7387

Creating this statement can be difficult. If you wish to discuss anything with our team support provider or have any questions about this proces, please refer to the Department of Mental Health 988 document.

Once you click the submit button, the VTRC will send a confirmation email to you. This email will include resources for emotional support if you need it.

[< Previous](#) [Save and Exit](#) [Submit](#)